**Batterer Intervention Tip Sheet**

**Statutory Authority:** [KRS 403.7505](https://apps.legislature.ky.gov/law/statutes/statute.aspx?id=46341)

<https://apps.legislature.ky.gov/law/statutes/statute.aspx?id=46341>

**Regulatory Authority:** [922 KAR 5:020](https://apps.legislature.ky.gov/law/kar/922/005/020.pdf)

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Batterer intervention is a specialized service designed for men who have engaged in domestic violence, intimate partner violence, or other abusive and/or controlling behaviors against their spouse, partner, parent of a child in common, former partner, or former spouse. The primary goal of this service is the cessation or reduction of violence.

Batterer intervention can be a resource for cases where domestic violence is an identified issue and/or risk factor. This service accepts referrals from Department for Community Based Services (DCBS) case workers. A referral to this service is one method to attempt to hold a domestic violence batterer accountable and to attempt to mitigate risk issues in a case.

These services are provided by mental health professionals that are trained and certified by DCBS and the Kentucky Coalition Against Domestic Violence (KCADV). The providers are called batterer intervention providers or batterer intervention programs and are often abbreviated as BIP.

Batterer intervention services are provided in a group format with a maximum of 12 clients if there is a single provider or 15 clients if there are two providers in the group.

BIPs typically meet one time weekly for 90 minutes to two hours. The minimum course of this program is 28 weekly sessions plus an initial assessment. Therefore, this course of service should last for over six months from beginning to end.

Persons receiving services are responsible for the cost of the program and should make all payment arrangements with their provider.

Groups cover a variety of topics, including those mandated below:

(a) The definition of domestic violence, including physical, sexual, psychological, and environmental abuse;

(b) Exploration of the effect of domestic violence on a victim and a witness to domestic violence;

(c) Discussion of civil and criminal law related to domestic violence;

(d) Description of the cycle of violence and other dynamics of domestic violence;

(e) Instruction about personal responsibility for domestic violence;

(f) Confrontation of the client’s use of power, control, and coercion in an intimate relationship;

(g) Confrontation of rigid sex role stereotyping;

(h) Challenge of the client’s pattern of aggression in a conflict with a victim;

(i) Exploration of the actual and perceived role of alcohol and drug abuse in the domestic violence;

(j) Exploration of a constructive and nonviolent method for resolving conflict in a relationship;

(k) Parenting after violence, including education on shaken baby syndrome;

(l) Development of a relapse prevention technique; and

(m) Promotion of aftercare, if indicated.

**To find a provider, use the link below:**

[**Kentucky Coalition Against Domestic Violence BIP**](https://members.kdva.org/site_page.cfm?pk_association_webpage_menu=6252&pk_association_webpage=12483)

<https://members.kdva.org/site_page.cfm?pk_association_webpage_menu=6252&pk_association_webpage=12483>

**Additional Resources:**

[**Batterer Intervention Systems: Outcomes, and Recommendations (SAGE Series on Violence against Women)**](https://www.amazon.com/Batterer-Intervention-Systems-Outcomes-Recommendations-dp-076191661X/dp/076191661X/ref=mt_hardcover?_encoding=UTF8&me=&qid=1589463530)

[**Coercive Control: How Men Entrap Women in Personal Life (Interpersonal Violence)**](https://www.amazon.com/Coercive-Control-Personal-Interpersonal-Violence-ebook/dp/B000SMY0CO/ref=sr_1_1?dchild=1&keywords=evan+stark&qid=1589463500&sr=8-1)